# HOW TO "ĂN"

1. SIZE Price starts at





All bowls include unlimited toppings & dressings, and homemade broth.

# 2. BASE

REG: 3 Bases / LRG: 4 Bases

Extra Base: +\$1.50 each



Red Leaf, Green Leaf, Saw Leaf Coriander, Jalapeños, Thai Basil



Romaine, Baby Spinach, Lime Leaves



Red Cabbage, Daikon Radish, Nappa Cabbage, Shaved Fennel, Shredded Carrots



Toasted Onion White Rice (v)

Coconut Water, Toasted Onions, Parsley, Lime



Brown/Red Rice (v)

ăn Spice Mix, Parsley, Lime



Roasted Sweet Potatoes (v)

Toasted Onion, Coriander, Parsley



Roasted Carrots (vg)

Honey, Ginger, Lime



Bok Choy & Napa Cabbage (v)

ăn Spice Mix, Avocado Oil



Spicy Glazed Eggplant (vg)

Thai Basil, Garlic, Honey

# 3. PROTEIN

REG: 2 Proteins / LRG: 3 Proteins





**Pork Meatballs** 

Scallions, Ginger, Lemongrass, Fish Sauce, Honey, Coconut Water



ăn Chicken ăn Spice Mix.

Lime, Avocado Oil



A Spicy Tamarind Chicken

Thai Chili, Tamarind, Lime, Honey

Broccolini Slaw (v, n)

Chopped Broccolini,

Roasted Cashews

Toasted Sesame Seeds

Top if off!



Coconut Shrimp

ăn Spice Mix, Lime, Coconut Milk, Shallots, Fish Sauce



Vegan Meatballs (v)

Chickpeas, Red Lentils, Shallots, Ginger, Coriander, Mint, Saw Leaf



Crispy Pork Belly +\$2

Center Cut Pork Belly, Sea Salt



Extra Protein: +\$2 each

Beef +\$2

Five Spice, Pho Broth, Onions

# 4. TOPPINGS

Select as many as you like.



Yellow Grape Tomatoes (v)

Thai Basil, Garlic



**Crack Onions** 

Red Onions, Fish Sauce, Toasted Rice Powder,



Peppery Cucumber (v)

Shaved Cucumbers, Tingly Peppercorns



Green Beans (v)

Avocado Oil, Sea Salt, Garlic

Pickled Medley (v)

Yuzu, Rice Vinegar,

Shredded Carrots.

Shredded Daikon



Spicy Red Cabbage Slaw (v)

Thai Chili, Yuzu Juice, Cilantro



**Pickled Mustard** Greens (v)

Pickled Mustard Greens Vinegar, Sea Salt, Cane Sugar

## **PREMIUM**



Jammy Egg +\$2

Free-Range Organic Coco Amino



Avocado (v) +\$2

Half Avocado

# 5. DRESSINGS

Bamboo Salad (v)

ăn Spice Mix, Bamboo Shoots, Heart of Palms, Shaved Fennel, Rice Vinegar



Lime

Lime Leaves, Lime Juice, ăn Spice Mix, Fish Sauce, Turmeric, Dijon Mustard



**6** Blazing Spicy

Tamarind, Fish Sauce, Red Onions, Cilantro, Honey, Thai Chili



Citrus Sesame (vg)

Yuzu, Garlic, Ginger, Rice Vinegar, Dijon Mustard, Toasted Sesame Seeds



Spicy Passion Fruit (v)

sion Fruit Pulp, Dijon Mustard, Thai Chili, Shallots



**Coconut Green** Goddess (v)

Coconut Milk, Avocado, Parsley, Jalapeño, Garlic Scallion, Onions, Shallots, Lime Juice

**HOMEMADE BROTH** 



Scallion Lemongrass (v)

Scallions, Lemongrass, Rice Vinegar, Ginger, Dijon Mustard, Lime Juice

# 6. CRUNCHY TOPPINGS

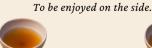


Cashew (v. n) Toasted Sesame Roasted Cashew





Thai Chili, Lime Leaves



Chicken Bone Broth

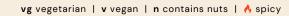
30-Hour Homemade, Southeast Asian Spices



Vegetable Broth (v) Cinnamon, Coriander, Shiitake

Mushrooms, Apples, Daikon, Leek, Onion







# SIGNATURE BOWLS

Seed Oil Free, Gluten Free, Dairy Free, MSG Free, and Soy Free.



#### **SERENE SESAME** 14

Harmony Greens, White Rice, Bok Choy & Napa Cabbage, ăn Chicken, Crack Onions, Green Beans, Cucumber, Tomatoes, Crispy Garlic, Citrus Sesame



### **ISLAND GODDESS** 16

Red/Brown Rice, Roasted Carrots, Bok Choy & Napa Cabbage, Coconut Shrimp, Broccolini Slaw, Cucumber, Tomatoes, Avocado, Salted Sesame Cashew, Coconut Goddess, Citrus Sesame



#### **PASSION MEDLEY** 14

Lime Leaf Greens, White Rice, Bok Choy & Napa Cabbage, Pork Meatballs, Pickled Medley, Crack Onions, Cucumber, Bamboo Salad, Crispy Garlic, Spicy Passionfruit



### **BLAZING BELLY** 19.45

White Rice, Bok Choy & Napa Cabbage, Spicy Glazed Eggplant, Crispy Pork Belly, Mustard Greens, Pickled Medley, Crack Onions, Cucumber, Jammy Egg, Crispy Garlic, Scallion Lemongrass, Blazing Spicy Tamarind



#### **BRAISED & BOLD** 18

Spicy Greens, White Rice, Roasted Sweet Potatoes, Braised Beef, Crack Onions, Cucumber, Broccolini Slaw, Salted Sesame Cashew, Crispy Garlic, Golden Lime



#### **EARTH & FIRE 16**

Red/Brown Rice, Roasted Carrots, Spicy Glazed Eggplant, Spicy Tamarind Chicken, Spicy Cabbage Slaw, Pickled Medley, Broccolini Slaw, Bamboo Salad, Avocado, Coconut Goddess, Scallion Lemongrass



#### GLOW BOWL (v) 14

Vegan Meatballs, White Rice, Bok Choy & Napa Cabbage, Roasted Sweet Potato, Roasted Carrots, Pickled Medley, Green Beans, Cucumber, Coconut Goddess

# ABOUT **ăn**

In Southeast Asia, intention begins with the Buddhist philosophy of inner serenity. Everything we do with **ăn** is about bringing to you food that nourishes your body, mind and honors the flavors of Southeast Asia all at the same time.

